



# How to Raise \$1,000

## (AKA How to Get Some Sweet Prizes)

Lead by example. Make a personal donation	\$50
Ask two people who have asked you for support	\$50
Ask two family members to match your donation	\$100
Ask someone who has a connection to SSM Health Cardinal Glennon for a donation	\$100
Ask your donors to check for matching gift programs at their work	\$100
Ask two local businesses you frequent or two coworkers to donate \$50	\$100
Send an email to 10 friends and ask for a \$20 donation	\$200
Get the word out on social media! Make an ask on Facebook, Instagram, X (Twitter), LinkedIn, etc.	\$300

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**TOTAL**  
**\$1,000**



