



How to Raise \$1,000

Lead by example. Make a personal donation.	\$50
Ask two people who have asked you for support.	\$50
Ask two family members to match your donation.	\$100
Ask someone who has a connection to SSM Health Cardinal Glennon for a donation.	\$100
Ask your donors to check for matching gift programs at their work. Visit glennon.org/matching-gifts for more info.	\$100
Ask two local businesses you frequent or two coworkers to donate \$50.	\$100
Send an email to 10 friends and ask for a \$20 donation.	\$200
Get the word out on social media! Make an ask on Facebook, Instagram, X (Twitter), LinkedIn, etc.	\$300
TOTAL	\$1,000

