

PLANNED GIVING

UPDATE

August 2017

Wow, it's back to school time already with Labor Day just around the corner. I hope this finds all well after this hot summer. On behalf of all the doctors, nurses and professionals who work at SSM Health Cardinal Glennon Children's Hospital, we want you to know we cannot do what we do for your patients without your support. With the stock markets performing well, you may feel you can be generous in support of our young patients. Appreciated assets such as stocks and bonds can be transferred as outright gifts or to establish charitable gift annuities which offer income and many tax benefits, including discounted capital gains. Please give us a call to learn more about the benefits from these gifts.

As promised last month in the Anita Sue Gregorich Tranquility Garden dedication story, I want to share a patient love story after a long journey of pain and suffering; love triumphs!

May God reward you for your support to His children. The children send you blessings for all you do. We pray for you and your intentions daily. We also honor Mother Mary on her special feast day on August 15.



Reflection

"Take my yoke upon you and learn from me, for I am meek and humble of heart;
and you will find rest for yourselves." **Matthew 11:29**

EVENTS TO SUPPORT OUR YOUNG PATIENTS

September 16	Glennon Gallop
September 24	Sun Run
October 28	Glennon Glow
November 16	Light up Glennon
December 6	Glennon Holiday Party

Have you included SSM Health Cardinal Glennon Children's Foundation in your will or trust?

If you have, may God reward you.

We invite all to join with those who designate a legacy gift. A legacy gift goes a long way to benefit the more than 200,000 children we serve each year, regardless of their ability to pay.

Together we reveal the healing presence of God; yesterday, today and tomorrow.



For more information contact:

Rose Brower, Director of Planned Giving

Phone: 314-633-7351 Email: rose.brower@ssmhealth.com



A gift for their future & yours



Five Reasons to acquire a Charitable Gift Annuity from SSM Health Cardinal Glennon Children's Foundation

- 1 You Love Helping Kids!**
- 2 You Like Attractive Rates**
- 3 You Like Tax Deductions**
- 4 You Like Fixed Payments for Life**
- 5 You Like Tax-Free Payments**

To learn how to supplement your income with a Cardinal Glennon Gift Annuity contact **Rose Brower** at **1-800-269-0552** or **rose.brower@ssmhealth.com**.

A **Cardinal Glennon Gift Annuity** can offer big financial benefits for you and provide support to sick and injured children. *A gift for their future and yours!*

Single-Life Gift Annuity Rates*



* Annuity rate and charitable deduction depend on your age at time of the gift. Rates subject to change.



Return tear-off for more information

glennon.org

1-800-269-0552

Please send a gift annuity sample for a gift of: ☐ \$20,000 ☐ \$10,000 ☐ \$5,000 ☐ \$ _____

Name _____ Date of Birth month/day/year _____

Address _____

City _____ State/Zip _____

Phone _____ Email _____

PLEASE RETURN TO: SSM Health Cardinal Glennon Children's Foundation, 3800 Park Avenue, St. Louis, MO 63110

LOVE IN THE TRANQUILITY GARDEN

"Kara, will you marry me?" asked Colin, down on his knees, in the Anita Sue Gregorich Tranquility Garden on a bright sunny day, June 24, 2017.

Allow me to share the story of lifelong Glennon patient (now 32 years old) – Kara Alsup. Kara was among the



tiniest of patients at SSM Health Cardinal Glennon beginning on the day of her birth, January 28, 1985. Her parents,

Sherry and Tim were immediately informed that their baby Kara was born with multiple and severe medical problems. She was admitted to SSM Health Cardinal Glennon and spent most of her first 24 months of life here. Though rotational care was standard in the Neonatal Intensive Care Unit, Farouk Sadiq, MD, neonatologist and now Division Director of Neonatology, served as Kara's primary physician and also Sherry's source of support.



Tim had joined the Army so the family would have health insurance since Kara had exceeded her lifetime insurance benefits. He was deployed on military assignment much

of the time, leaving Sherry all alone with Kara. Sherry refers to Dr. Sadiq as Kara's "quarterback," and maintains that Dr. Sadiq saved Kara's life "over and over again."

Kara was born with a hole in her heart, scoliosis, omphalocele, which caused her organs to be outside her body requiring abdominal wall surgery when she weighed just 2 lbs., 15 ounces. Additionally, she had Poland Syndrome, the absence of her right pectoralis major muscles. As a result, Kara struggled nutritionally – which persisted as an issue until her heart and breathing issues were stable and corrected.



Kara labored through developmental delays, life and death challenges, multiple surgeries, and visits to the hospital. She was told her life would be physically limited due to a fused spine and that she would never be able to participate in calisthenics, physical fitness and certainly not cheerleading.

Despite this tentative picture, she maintained her tenacious spirit. She attended school like her peers and clearly had other plans. In 8th grade, her physical education instructor informed Sherry that Kara was doing sit-ups better than anyone else in the class. In high school, she became CAPTAIN of her cheerleading squad! She graduated high school with honors and college with a B.S. in business and accounting, and today, Kara is a certificated pharmacy technician at Blanchfield Army Community Hospital at Ft. Campbell, KY. Life has truly spun full circle, and her first love of health care is the field to which she has returned.



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Fast forward to present day and a newly engaged Kara Alsup. Colin and Kara first met communicating online. They were encouraged by their common interests and decided to meet at Dunkin Donuts one Sunday afternoon. They

hit it off and three years later, Colin and Kara both knew they had found their "love of a lifetime." Colin decided to ask Kara to marry him, and wished to propose HERE at SSM Health Cardinal Glennon. Kara had shared so many amazing stories about her care, and he knew had it not been for that care, he wouldn't have her today.

Because her challenges and triumphs were rooted in the NICU, he chose the garden as the venue for his proposal, which you know is dedicated for a NICU nurse, Anita Sue Gregorich. The proposal was videotaped purposefully, and was subsequently shared weeks later with her lifelong physician and friend, Dr. Farouk Sadiq. Colin spoke to the camera before asking for Kara's hand in marriage, stating, "Dr. Sadiq – it's because of you that I'm able to have the love of my life and do what I'm getting ready to do...."



By this time you are probably wondering about the outcome of the proposal.

Kara said YES! We extend our heartfelt congratulations to Kara and Colin for a long and happy life together.

Kara's mother, Sherry, wants you to know that "your money or investment in Cardinal Glennon will never be better spent. You cannot put a price tag on a child's life or the love that it brings. You never know what they will accomplish."



Your support transforms lives. Please keep our physicians and families in your prayers. Thank you.



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