

Summer 2017

We hope you are enjoying summer. In June we honored the Sacred Heart of Jesus. Our devotions are often personal – for our intentions and those of others. God sends the Holy Spirit on Pentecost Sunday. “The fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control.” *Galatians 5:22*. May He reward you with these fruits and bless you and your loved ones for your generosity to His children. In July, we celebrate our nation's independence and our religious freedoms.

We hope our monthly stories inspire you to realize that your support impacts the lives and dreams of our young patients. Your generosity helps our families experience the power of love and hope encouraging their healing; You are God's greatest blessings. Thanks for all that you've done!

As you consider your next gift, especially if you are withdrawing from your IRA account to meet your required minimum distribution, please give us a call to learn more about the amazing things happening here.. Also, please remember to keep our patients and their families in your prayers this summer. Your intentions are remembered at daily Mass and you are in our prayers.



Reflection

“Take my yoke upon you and learn from me, for I am meek and humble of heart;
and you will find rest for yourselves.” **Matthew 11:29**

EVENTS TO SUPPORT OUR YOUNG PATIENTS

September 16	Glennon Gallop
September 24	Sun Run
October 28	Glennon Glow
November 16	Light up Glennon
December 6	Glennon Holiday Party

Have you included SSM Health Cardinal Glennon Children's Foundation in your will or trust?
If you have, may God reward you.

We invite all to join with those who designate a legacy gift. A legacy gift goes a long way to benefit the more than 200,000 children we serve each year, regardless of their ability to pay.

Together we reveal the healing presence of God;
yesterday, today and tomorrow.



For more information contact:

Rose Brower, Director of Planned Giving

Phone: 314-633-7351 Email: rose.brower@ssmhealth.com



ANITA SUE GREGORICH TRANQUILITY GARDEN

On June 22, SSM Health Cardinal Glennon Children's Hospital, led by its President, Steven Burghart (*pictured at right*) dedicated the Anita Sue Gregorich Tranquility Garden.

While Anita never married, her extended family was in attendance, including her lifelong friend, Terry Barbour and her family. Robin Cimera and her family also were in attendance. Robin's son, John Michael, passed away in the NICU and Anita Sue stayed in touch with the family over the years.

To her many friends and co-workers in the neonatal intensive care unit, NICU, Anita Sue embodied joy. She was a collector of angel statues, ornaments and chimes. Anita was a caring and compassionate nurse here for almost 27 years. Theresa Gelven, longtime friend and fellow NICU nurse, shares this about Anita:

"Today, because of her generosity, she leaves a legacy to the patients, their families and the staff of Cardinal Glennon. Those who seek solitude, peace or tranquility from the stressors of a hospital setting, will now have a place to come to either sit and rest or stroll along the paths of the garden where they may feel the calming influence of Anita's spirit. Anita always went above and beyond comforting families and she never wanted anyone to know because she never wanted any credit, but, now, she will have the credit she so justly deserved. Anita helped so many families get through difficult times. She encouraged them to do things - to have some normalcy in their lives."

We invite you to visit this garden to honor Anita Sue when you come to the hospital and hope you feel her peace and love each time you come. Stay tuned for a heartfelt story about the garden in our next issue.



For more information contact:

Rose Brower, Director of Planned Giving

Phone: 314-633-7351 Email: rose.brower@ssmhealth.com



PLANNED GIVING

UPDATE

EXCEPTIONAL HEALTH CARE AT DANIS PEDIATRIC CENTER

You may remember from our 60th Anniversary Glennon Magazine issue that in 1946 Archbishop John Joseph Glennon asked Dr. Peter Danis what God's purpose was for him. Dr. Danis responded "to build a children's hospital." Their dream came to pass. SSM Health Cardinal Glennon Children's Hospital opened its doors on July 5, 1956. It remains the only freestanding Catholic pediatric hospital in the nation.

Since then, through service, research, teaching, scholarship and clinical expertise, SSM Health Cardinal Glennon aims to make Danis Pediatric Center the premier general academic practice in the St. Louis region—a medical home for all children and families.

Since 1897, the founding Sisters' mission to serve all, regardless of ability to pay, is evident at the Center. The patient families are: 85% Medicaid; 83% minorities; 69% earning less than \$20,000 a year; 35% are medically complex; and 7% require a translator. These families receive screening for lactation services; complex care; food insecurity; perinatal mental health; parental mental health; adolescent mental health; and adolescent substance abuse. To support the family's ability to care, extra programs to benefit families include: P-Square Positive Parenting Program, Fostering Healthy Children, Foreign Adoption and Clinical Education Services, Refugee Health and Bridge4STL, a perinatal support program.

The need for care is dire. In St. Louis and St. Louis County, the rate of infant mortality per 1,000 live births in 2009-2013 exceeds the national average, and in some zip codes exceeds more than twice the average.

Further, the hospital facilities to care for these patients are at capacity so a Midtown location opened in Fall 2015,



expanding the total number of patient visits to more than 20,000 in 2016, with even more visits forecasted in 2017.

Other innovative programs such as home visits via the Refugee Health initiative; a partnership with SSM Health pediatric dentistry; broadening the Reach Out and Read collaborative; social service, case management and outpatient lab capability have been established to address the broad scope of care. These elements assist young children and families towards a healthy start in life.

It is the generous spirit of thousands of donors in the St. Louis region and across the United States that has allowed us to build and sustain dozens of critical departments, programs, and advanced treatment centers, like the Danis Pediatric Center, to serve our young patients in need.



(Photos: Above, left to right: Drs. Matthew Broom, Heidi Sallee, Shahida Naseer, Susan Heaney, Ken Haller and Gene LaBarge at the Danis Pediatrics Midtown location. At left: Dr. Susan Heaney is engaging with a young patient.)



For more information contact:

Rose Brower, Director of Planned Giving

Phone: 314-633-7351 Email: rose.brower@ssmhealth.com



GIVING HOPE TO THOSE WITH NO HOPE



It's 1:30 am and the toxicology pager for Dr. Scalzo goes off alerting him to a new consult. After giving some quick recommendations for stabilization, he gets ready and heads to the hospital.

Anthony Scalzo, MD, Chief of the Division of Toxicology and Saint Louis University professor of

pediatrics and internal medicine, enters the room. The adolescent patient appears unresponsive. The team administers the protocol; another suicide has been averted. Suicide is the second leading cause of death for ages 10-24. There are many causes; many methods.

Dr. Scalzo served as Director of the Missouri Poison Center from 1986 to 2014. His stories are sobering but his caseload today at SSM Health Cardinal Glennon is more troublesome. He also responds to calls from two other SSM Health Hospitals in St. Louis. The Center and hospital services are complementary when responding to the community. Since 2012, his caseload has risen from 75 per year to more than 500 this year. "The numbers are rising and the ingestions are more serious," explains Dr. Scalzo. Whether deliberate or accidental, the number of teens dying from drug overdoses and abuse now exceeds the number of deaths from motor vehicle accidents in the US.

How does one approach so daunting a social problem? "One person at a time," states Dr. Scalzo. He tells his patients that his goal is to never see them again under these circumstances. With his bright smile, he adds that if they want to return and bring cookies for the nurses, his favorite is chocolate chip.

Dr. Scalzo's clinical skills are exceptional although most patients remember him for his bedside consults. Once stabilized, he adeptly moves the conversation from the cause and consequences of the young patient's action, to one's favorite color, happy memories and then introduces music and sometimes faith. His caring nature often opens doors for sustainable healing and especially hope where there had been no hope. The patients are amazed that a total stranger would write and record a song for them, especially a spiritual rap song. Dr. Scalzo believes God loves all His children and so does he. He offers them hope and assures them that they are never alone; they are loved. Then he encourages them to go and build a great life, freely giving coins with the words "With God All Things Are Possible."

When asked about the underlying causes of these behaviors, he explains the stresses on young adults today are immense and unprecedented. Social media magnifies comments to the world that years ago would have been a one-on-one conversation and easily dismissed. Further, there is easy access to synthetic drugs and patients with overdoses flood emergency rooms.

One of his more difficult patients volunteered to work with him at a local girls high school to teach CPR. "Her recovery is amazing and the fact that she chose a career in healthcare to help others is awesome," Dr. Scalzo adds. He has stayed in touch with many of his patients over the years while others go on their way; few return.

He closes the conversation with words of comfort: "there is hope; there is always hope when you care." Dr. Scalzo, along with all the doctors and staff at SSM Health Cardinal Glennon, extends hope in the excellent delivery of care to our young patients numbering more than 200,000 each year. Please keep them and their patients in your prayers.



For more information contact:

Rose Brower, Director of Planned Giving

Phone: 314-633-7351 Email: rose.brower@ssmhealth.com

