

PLANNED GIVING

UPDATE

September 2017

It's been a full summer here. We hope you enjoyed a delightful summer as well. Glimpses of fall are emerging and ushering in even greater improvements for the kids. This month, Glennon Gallop was a huge success, fundraising for Danis Pediatrics Center, and the Sun Run raised funds for world-class pediatric health care at SSM Health Cardinal Glennon Children's Hospital. Please give me a call when you are ready to make your next gift for our patients.

As always, thank you for your ongoing support of the children at SSM Health Cardinal Glennon. Your gifts are priceless! Your open-hearted giving transforms the lives of many children and families. It is the generous spirit and compassionate support of thousands of donors just like you that has allowed SSM Health Cardinal Glennon Children's Foundation to build and sustain dozens of critical departments, life-saving programs and advanced treatment centers at the hospital.

On behalf of our patients, their families and our Board of Governors, thank you for being part of our Cardinal Glennon family. We keep you and your intentions in our prayers; may God reward and bless you!



Reflections

"Every good and perfect gift is from above." James 1:17

"God, you have all the answers that I need. I need your help today." Psalm 50:15

2017 EVENTS TO SUPPORT OUR YOUNG PATIENTS

| | |
|-------------|-----------------------|
| October 28 | Glennon Glow |
| November 16 | Light up Glennon |
| December 6 | Glennon Holiday Party |

Have you included SSM Health Cardinal Glennon Children's Foundation in your will or trust? If you have, may God reward you! If not, below is some simple language to get you started.

I bequeath _____ or _____% of my estate to:
Cardinal Glennon Children's Foundation
3800 Park Avenue
St. Louis, MO 63110
Tax ID# 43-1754347

We invite you to join those who have designated a legacy gift to benefit our young patients.



For more information contact:

Rose Brower, Director of Planned Giving

Phone: 314-633-7351 Email: rose.brower@ssmhealth.com



IT'S TIME TO THINK ABOUT A YEAR-END GIFT FOR THE KIDS.

GIFTS YOU CAN MAKE TODAY

- Charitable Gift Annuities
- Outright Gifts of Cash
- Required Minimum Distributions
- IRA Charitable Rollover Gifts
- Appreciated Assets: Stock and Securities
- Donor Advised Funds
- Life Insurance
- Real Estate
- Appreciated Property
- Savings Bonds
- Corporate Matching Gifts
- Charitable Lead Trust
- Charitable Remainder Unitrust
- Charitable Remainder Annuity Trust

AFTER YOUR LIFETIME GIVING

- Financial accounts beneficiary
- Life Insurance beneficiary
- IRA / Retirement plan beneficiary
- Will or Trust beneficiary
- Outright, residuary or contingent bequests
- Residences and farms beneficiary

TAX-FREE IRA CHARITABLE ROLLOVER GIFTS

As you begin to plan your year-end giving, consider a tax-free rollover gift from your IRA to SSM Health Cardinal Glennon Children's Foundation. For reference, below is a summary the legislative provisions:

- You must be 70 ½ years of age or older when the distribution is made.
- The transfer must go directly from your IRA to SSM Health Cardinal Glennon Children's Foundation.
- You may make tax-free transfers from your IRA to a charity or charities totaling up to \$100,000 in a given calendar year. Your spouse also may be eligible to make such gifts up to \$100,000 from his or her IRA.
- A charitable rollover transfer from your IRA will count toward your required minimum distribution (RMD).
- Since IRA funds are not being taxed it is the equivalent of a full income tax deduction.
- Gifts from an IRA may only be used to make an outright gift to a qualified public charity, such as Cardinal Glennon Children's Foundation. Your IRA assets cannot be used to fund a gift annuity, charitable remainder trust, a donor advised fund, or a private foundation.

This legislation is now permanent. Please consult with your tax professional to see if you are eligible.

PLANNED GIVING

UPDATE

"I WILL MAKE YOU STRONG" JEREMIAH 15:20

Two weeks before Ryan and Alivia learned from an ultrasound that their unborn daughter, Lillian, had a complex medical condition, Ryan found a scriptural bookmark while cleaning in his basement. It was inscribed with the words, "I will make you strong." He knew in an instant that God was about to provide him with abundant grace for an extraordinary challenge.

Alivia's ultrasound revealed "extra fluid" and an abnormal heart. An NIPT blood test found markers for a genetic condition known as Trisomy 18. Doctors in their home town encouraged them to end the pregnancy; however, they chose to put the life of their unborn daughter in God's hands.

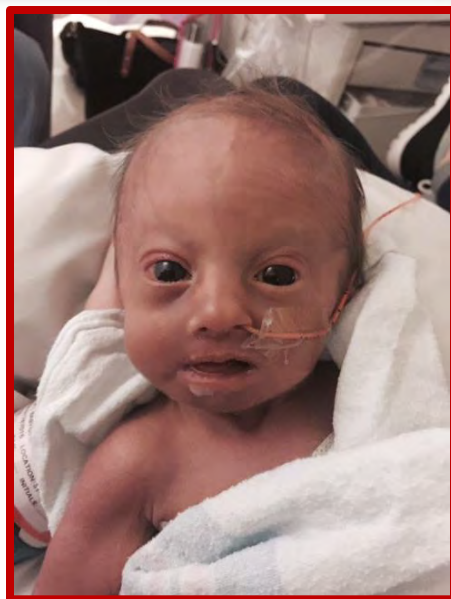
Alivia was induced at 39 weeks and three days and gave birth to Lillian, weighing 4 lbs., 12 oz., on August 3, 2016. She was born blue and required immediate respiratory support. There was no hesitation to approve and advocate for the support needed to revive their tiny newborn. Within her first 10 days of life, Lillian underwent genetic testing, and there was a confirmed diagnosis of full trisomy. Accordingly, Ryan and Alivia were told she would have a short life expectancy and were advised to minimize her care. This was not an option to be considered with these parents. "God alone will decide when He is ready to call Lillian home. We will do all we can to care for her until then; family matters," affirmed Ryan.

Ryan and Alivia began to research her complex medical condition and to connect with other parents who had children with a similar diagnosis. Alivia says they now are connected with about 600 Facebook friends, who all share this diagnosis. Their parental support group continues to inspire and encourage them on their journey, and Lillian's story is giving hope to families who thought hope was limited.

Within a month of her birth, Lillian experienced heart failure on 9/11 and was admitted to the hospital with severe heart failure and respiratory distress due to the large hole (VSD) in her heart. She was intubated on 9/16 following a

rough 2 ½ hour intubation, and received a tracheostomy on 9/19. She subsequently had her necessary heart surgery after a couple months of healing, and though she recovered from heart surgery quite well – she was not able to wean from her ventilator and was discharged home with a home ventilator. A cyst on her liver led to additional interventions and a need for management of growing complex needs. Leads from Alivia's social networking, and a fellow mom led Alivia and Ryan to Dr. Aline Tanios, MD, Director of the Complex Medical Care Program at SSM Health Cardinal Glennon Children's Hospital. Though the family lives in Kansas, they were determined to seek out the best alternative for their daughter. Dr. Tanios accepted Lillian with open arms and completed an evaluation of Lillian to navigate a comprehensive treatment plan with the family.

The Complex Medical Care Program directly addresses the coordination of healthcare needs for complex patients. The role of the team is to coordinate the medical care of patients with all aspects of their medical environment in the best interest of the patient and their family. They create



For more information contact:

Rose Brower, Director of Planned Giving

Phone: 314-633-7351 Email: rose.brower@ssmhealth.com



individualized patient care plans that are effective, constantly updated, easily accessible in multiple health care environments and in the home. And they streamline transition of complex medical care between the home, community outpatient care settings, hospitals and emergency rooms and Cardinal Glennon. Lillian's care has engaged the services of multiple departments, including: Cardiothoracic Surgery, Cardiology, Pulmonology, Hematology, Neurology, Gastroenterology/Hepatology, General Surgery, Nutrition and Palliative Care (Footprints) – just to name a few.

"The complex medical care program at Cardinal Glennon is unique and has been lifesaving for Lillian; all hospitals should adopt this model," adds Ryan.

Since their introduction through the Complex Medical Care Program to Cardinal Glennon, Lillian has had removal of her large choledochal cyst, and closure of her VSD (the large hole in her heart). Her outcomes have been significantly positive and she is growing by leaps and bounds — physically and developmentally. While more than once young Lillian was at death's door, Ryan and Alivia have embraced her health obstacles courageously, reflecting their faith and trust in God. Ryan sings "Jesus loves me" to Lillian in her weakest moments, and she looks up and responds with great love.

The faith and diligence of Ryan and Alivia in pursuing medical care for Lillian has resulted in progress beyond the doctor's expectations. With a prognosis of early death, Lillian is still alive at 13 months of age. The medical team is rewriting the textbooks on trisomy 18 in light of the groundbreaking medical outcomes of Lillian's care.

Ryan shares that Lillian's brother, Ethan, who is 3 ½ years of age, truly adores her and even at his young age, demonstrates loving compassion and is

supportive of her limits. "Our family support has been exceptional," explains Ryan. "They make this journey of care in St. Louis possible for Lillian."

Ryan and Alivia say "they would not trade this experience, filled with emotional rollercoasters, for anything in the world." Walking this journey with God has indeed made them strong. "Motorcross was my life," says Ryan. "I have been cared for in many hospitals across the country. None come close to the excellent care and compassion we have received at Cardinal Glennon.

The staff are clinical experts who trust that the parents know their kids best; we have a voice in the care of our daughter."

Their hope lives on. Alivia is expecting another baby in December 2017.



For more information contact:

Rose Brower, Director of Planned Giving

Phone: 314-633-7351 Email: rose.brower@ssmhealth.com

